

Selective Mutism Questionnaire (SMQ) ©

Please consider your child's behavior in the last two weeks and rate how frequently each statement is true for your child.

AT SCHOOL

- | | | | | |
|--|--------|-------|--------|-------|
| 1. When appropriate, my child talks to selected peers (his/her friends) at school. | Always | Often | Seldom | Never |
| 2. When appropriate, my child talks to most peers at school. | Always | Often | Seldom | Never |
| 3. When my child is asked a question by his/her teacher, s/he answers. | Always | Often | Seldom | Never |
| 4. When appropriate, my child asks his or her teacher questions. | Always | Often | Seldom | Never |
| 5. When appropriate, my child speaks to most teachers or staff at school. | Always | Often | Seldom | Never |
| 6. When appropriate, my child speaks in groups or in front of the class. | Always | Often | Seldom | Never |

HOME/ FAMILY

- | | | | | | |
|--|--------|-------|--------|-------|-----|
| 7. When appropriate, my child talks to family members living at home when other people are present. | Always | Often | Seldom | Never | |
| 8. When appropriate, my child talks to family members while in unfamiliar places. | Always | Often | Seldom | Never | |
| 9. When appropriate, my child talks to family members that don't live with him/her (e.g. grandparent, cousin). | Always | Often | Seldom | Never | |
| 10. When appropriate, my child talks on the phone to his/her parents and siblings. | Always | Often | Seldom | Never | |
| 11. When appropriate, my child speaks with family friends who are well-known to him/her. | Always | Often | Seldom | Never | |
| 12. My child speaks to at least one babysitter. | Always | Often | Seldom | Never | N/A |

IN SOCIAL SITUATIONS (OUTSIDE OF SCHOOL)

13. When appropriate, my child speaks with other children who s/he doesn't know.	Always	Often	Seldom	Never	
14. When appropriate, my child speaks with family friends who s/he doesn't know.	Always	Often	Seldom	Never	
15. When appropriate, my child speaks with his or her doctor and/or dentist.	Always	Often	Seldom	Never	
16. When appropriate, my child speaks to store clerks and/or waiters.	Always	Often	Seldom	Never	
17. When appropriate, my child talks when in clubs, teams or organized activities outside of school.	Always	Often	Seldom	Never	N/A

Interference/Distress*

18. How much does not talking interfere with school for your child?	Not at all	Slightly	Moderately	Extremely
19. How much does not talking interfere with family relationships?	Not at all	Slightly	Moderately	Extremely
20. How much does not talking interfere in social situations for your child?	Not at all	Slightly	Moderately	Extremely
21. Overall, how much does not talking interfere with life for your child?	Not at all	Slightly	Moderately	Extremely
22. Overall, how much does not talking bother your child?	Not at all	Slightly	Moderately	Extremely
23. Overall, how much does your child's not talking bother you?	Not at all	Slightly	Moderately	Extremely

Scoring: Always = 3; Often = 2; Seldom = 1; Never = 0

*These items are not included in total score and are for clinical purposes only.

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