

# Selective Mutism Association

## Annual Conference 2021

**Saturday, October 2, 2021**

**All times are in Eastern Time**

<b>10:00-10:10</b> Opening Remarks		
<b>10:10-11:10</b> Keynote Presentation: <i>The Long and Winding Path to Emerging Adulthood</i> , Anne Marie Albano, Ph.D.		
<b>11:10-11:20</b> Break		
<b>Professional</b>	<b>Parent-Friendly</b>	<b>Individuals w/ SM</b>
<b>11:20-12:35</b> <i>This? That? Neither? Both? Helping to Differentiate SM, Autism and Other Diagnoses</i> , Rachel Busman, Psy.D., ABPP; Steven MS Kurtz, Ph.D., ABPP; Brenda Ray, M.S., CCC-SLP; Tracey K. Ward, Ph.D.	<b>11:20-12:35</b> <i>Selective Mutism (SM) 101: What is SM and Basic Treatment Guide</i> , Brittany Bice-Urbach, Ph.D.; Emily Doll, M.A., M.S., CCC-SLP	<b>11:20-12:35</b> <i>Selective Mutism (SM) and Me: What Is It and Where Do I Go From Here?</i> Aileen Herrera, M.S., LMHC; Jonathan Kohlmeier, B.S.
<b>12:35-12:45</b> Break		
<b>12:45-2:00</b> <i>Exploring the Roadmap: Understanding Treatment Trajectory and Factors Associated with Effective Treatment for SM</i> , Veronica L. Raggi, Ph.D.; Kelsey Woods, M.S.; Alessandra Digiacomio, Ph.D.; Rosalind Catchpole, Ph.D., R.Psych; Rachel A. Merson, Psy.D.; Lindsay Scharfstein, Ph.D.; Janet Mah, Ph.D.	<b>12:45-2:00</b> <i>SM Through the Ages: From Tots to Teens to Adults - How Do We Adapt Treatment Based On Age?</i> , Elisa Shipon-Blum, D.O; Jenna Blum, M.S.	<b>12:45-2:00</b> <i>Strategies for Thinking More Positively and Realistically About Speaking Up</i> , Becky Thomson, Ph.D.
<b>2:00-2:30</b> Poster session		
<b>2:30-3:00</b> Lunch		

<p><b>3:00-4:30</b>  <b><i>SM Across Cultures and Countries: What can we learn from each other?</i></b>  Vera Joffe, Ph.D., ABPP; Ruth Perednik, M.A.; Maria Joao Silva, B.S.; Elisa Maria Neiva de Lima, B.S.; Fabiana Baracchini, MFT, Junhua Reitman, MBA</p>	<p><b>3:00-4:00</b>  <b><i>Passing the Baton: Education, Collaboration and Advocacy,</i></b>  Katelyn M. Reed, M.S.; Lisa M. Garg, M.S.</p>	<p><b>3:00-4:00</b>  <b><i>Staying Social with SM: Tips for Making and Keeping Connections,</i></b> Lauren Hoffman, Psy.D.</p>
<p><b>4:00-4:10</b>  <b><i>Break</i></b></p>		
	<p><b>4:10-5:10</b>  <b><i>Supporting Students with SM in the School Setting,</i></b>  Taylor Hicks-Hoste, LP, NCSP</p>	<p><b>4:10-5:10</b>  <b><i>The Role of Medication in SM,</i></b>  Natalie Weder, M.D.</p>
<p><b>4:30-4:40</b>  <b><i>Break</i></b></p>	<p><b>5:10-5:20</b>  <b><i>Break</i></b></p>	
<p><b>4:40-6:10</b>  <b><i>An Exploration of SM Treatment in the Virtual Landscape,</i></b>  Jami M. Furr, Ph.D.; Natalie Hong, M.S.; Rachel Busman, Psy.D., ABPP; Aileen Herrera, M.S., LMHC; Katelyn Reed, M.S., LLP; Lindsay Scharfstein, Ph.D.</p>	<p><b>5:20-6:20</b>  <b><i>One Person's Pushing is Another Person's Guided Exposure,</i></b>  Jonathan Kohlmeier, B.S.; Chelsea Gamache, M.S., BCBA; Anne Skaine-Gamache; Steven MS Kurtz, Ph.D., ABPP</p>	

**Sunday, October 3, 2021**

Professional	Parent-Friendly	Individuals w SM
<p><b>10:00-11:00</b>  <b>Special Considerations for Selective Mutism Treatment for Chinese Families,</b>  <i>Melissa Ortega Giglio, Psy.D.; Phei Phei Oon, M.A.</i></p>	<p><b>10:00-11:00</b>  <b>Moving On Up: Tailoring Strategies for School-Age Children with SM,</b>  <i>Carly J. Mayer, Psy.D.</i></p>	<p><b>10:00-11:00</b>  <b>Getting Unstuck: Practical Strategies from Acceptance &amp; Commitment Therapy to Enhance Motivation and Identify the Goals YOU Want to Achieve</b>  <i>Alison Miller, Psy.D.</i></p>
<p><b>11:00-11:10</b>  <b>Break</b></p>		
<p><b>11:10-12:10</b>  <b>The “How-To” Workshop for Using Intensive Intervention for SM in your Clinical Practice,</b> <i>Jami M. Furr, Ph.D.; Rachel A. Merson, Psy.D.; Katelyn Reed, M.S.</i></p>	<p><b>11:10-12:10</b>  <b>Mixing It Up: Improv for Anxiety,</b>  <i>Lindsay Scharfstein, Ph.D.; Susanna McQuarrie, Ph.D.</i></p>	
<p><b>12:10-12:40</b>  <b>Poster Session</b></p>		
<p><b>12:40-1:10</b>  <b>Lunch</b></p>		
<p><b>1:10-2:10</b>  <b>Listening to Silence: The Residential Therapy Program for SM Multi-Situational Treatment and the Residential Therapy Program for SM,</b> <i>Emanuela Iacchia, M.S., Psy.D.; Michele Monticelli, M.S., Psy.D.; Beatrice Cavallini, M.S., Psy.D.</i></p>	<p><b>1:10-2:10</b>  <b>SM, SAD, SOP, GAD, SP, ODD, Oh My! Navigating the Alphabet Soup: Helping Caregivers Understand Mental Health Diagnoses that Co-Occur with SM,</b> <i>Rachel A. Merson, Psy.D.; Annie Dantowitz, LICSW; Alyssa Farley, Ph.D.</i></p>	<p><b>1:10-2:10</b>  <b>Helping Individuals with SM Become Confident Social Communicators,</b>  <i>Elisa Shipon-Blum, D.O.; Jenna Blum, M.S.</i></p>
<p><b>2:10-2:20</b>  <b>Break</b></p>		
<p><b>2:20-3:20</b>  <b>Working with Rigidity with SM Patients-Using Clinical Flexibility and Innovative</b></p>	<p><b>2:20-3:20</b>  <b>Self-Care 101 for Parents and Caregivers - Taking Care of Yourself During Your Child’s</b></p>	<p><b>2:20-3:20</b>  <b>Speaking Up with SM: Becoming Your Own Advocate in Young Adulthood,</b></p>

<p><b><i>Techniques to Inspire Change</i></b>, Rachel Busman, Psy.D., ABPP; Janine Domingues, Ph.D.; Alisa Gudz, MSW</p>	<p><b><i>Brave Voice Journey and Beyond</i></b>, Annie DiVello, M.S., CCC-SLP</p>	<p>Heather A. Schmitt, Ph.D.</p>
<p><b>3:20-3:30</b> <b>Break</b></p>		
<p><b>3:30-4:14</b> <b>Hear Our Voices Panel</b></p>		
<p><b>4:15-5:15</b> <b>Expert Q&amp;A, Closing Remarks</b></p>		