Selective Mutism Questionnaire* (SMQ)

Please consider your child's behavior and activities of the past month and rate how frequently each statement is true for your child.

**AT SCHOOL**

1. When appropriate, my child talks to most peers at school.  
   Always  Often  Seldom  Never

2. When appropriate, my child talks to selected peers (his/her friends) at school.  
   Always  Often  Seldom  Never

3. When my child is asked a question by his/her teacher, s/he answers.  
   Always  Often  Seldom  Never

4. When appropriate, my child asks his or her teacher questions.  
   Always  Often  Seldom  Never

5. When appropriate, my child speaks to most teachers or staff at school.  
   Always  Often  Seldom  Never

6. When appropriate, my child speaks in groups or in front of the class.  
   Always  Often  Seldom  Never

**HOME/FAMILY**

7. When appropriate, my child talks to family members living at home when other people are present.  
   Always  Often  Seldom  Never

8. When appropriate, my child talks to family members while in unfamiliar places.  
   Always  Often  Seldom  Never

9. When appropriate, my child talks to family members that don't live with him/her (e.g. grandparent, cousin).  
   Always  Often  Seldom  Never

10. When appropriate, my child talks on the phone to his/her parents and siblings.  
   Always  Often  Seldom  Never

11. When appropriate, my child speaks with family friends who are well-known to him/her.  
   Always  Often  Seldom  Never

12. My child speaks to at least one babysitter.  
   Always  Often  Seldom  Never  N/A

*SMQ under development; use with permission of author, Lindsey Bergman, Ph.D.; lbergman@ucla.edu
IN SOCIAL SITUATIONS (OUTSIDE OF SCHOOL)

13. When appropriate, my child speaks with other children who s/he doesn’t know. 
   Always  Often  Seldom  Never

14. When appropriate, my child speaks with family friends who s/he doesn’t know. 
   Always  Often  Seldom  Never

15. When appropriate, my child speaks with his or her doctor and/or dentist. 
   Always  Often  Seldom  Never

16. When appropriate, my child speaks to store clerks and/or waiters. 
   Always  Often  Seldom  Never

17. When appropriate, my child talks when in clubs, teams or organized activities outside of school. 
   Always  Often  Seldom  Never

Interference/Distress

18. How much does not talking interfere with school for your child? 
   Not at all  Slightly  Moderately  Extremely

19. How much does not talking interfere with family relationships? 
   Not at all  Slightly  Moderately  Extremely

20. How much does not talking interfere in social situations for your child? 
   Not at all  Slightly  Moderately  Extremely

21. Overall, how much does not talking interfere with daily living for your child? 
   Not at all  Slightly  Moderately  Extremely

22. Overall, how much does not talking bother your child? 
   Not at all  Slightly  Moderately  Extremely

23. Overall, how much does your child’s not talking bother you? 
   Not at all  Slightly  Moderately  Extremely

FOR OFFICE USE ONLY:

Initials  Date  Assessment Week  IE

__/__/____  __________  _______
Name of child: ___________________________ Grade: _____
Completed by: ___________________________ Date: ______

School Speech Questionnaire* (SSQ)

Please consider the child’s behavior and activities of the past month and rate how frequently each statement is true for the child.

1. When appropriate, the child talks to most peers at school.
2. When appropriate, the child talks to selected peers (his/her friends) at school.
3. When asked questions by his or her teacher, the child answers.
4. When appropriate, the child asks his or her teacher questions.
5. When appropriate, the child speaks to most teachers or staff at school.
6. When appropriate, the child speaks in small groups.

Always  Often  Seldom  Never

Entered by (initials): ______
Date: ______

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