In this study, your child will be asked to read aloud in front of you and a friendly research assistant. While doing so, this study will assess your child’s anxiety and your child’s heart rate, breathing rate, and muscle tension during the read-aloud tasks.

Children who complete this study will be offered treatment at no-cost and receive a $10 gift card.

If your child is extremely shy or refuses to speak to relatives, friends, and classmates, your child may be suffering from Social Anxiety Disorder or Selective Mutism.

We are looking for children who are extremely shy to help us better understand this condition.

This study is for children between the ages of 7-10.

Please Contact An Le at (407) 823-3910 or An.Le@knights.ucf.edu

UCF RESTORES
University Center
For RESearch and Treatment
On Response to Extreme Stressors

UCF RESTORES is a clinical research center dedicated to the study and treatment of anxiety disorders across the lifespan in children, adolescents, and adults. The clinical research activities are diverse, including studies addressing phenomenology, developmental course, etiology, treatment development and evaluation. The research and treatment programs are cutting edge and some include the latest technological advances, including virtually enhanced treatments. The clinic serves as an educational and consultative resource for the Central Florida area and maintains liaisons with other major anxiety disorder centers nationally and internationally.
Please Contact An Le at (407) 823-3910 or An.Le@knights.ucf.edu
This study is IRB approved.

Does your child...
1. Feel anxious or fear embarrassment in front of other kids?
2. Worry about making mistakes in front of other kids?
3. Worry that other people might think your child is silly or stupid?
4. Avoid social settings because of these fears?

Children with Social Anxiety Disorder often experience difficulties with these types of scenarios. If this sounds like your child, your child may qualify to be in this study!

Does your child speak at home, but...
1. Refuses to speak at school or in other social settings?
2. Has a hard time answering friends who ask them questions?
3. Does not speak to relatives or neighbors?

These are some difficulties children with Selective Mutism experience. If you answered yes to these questions, your child may qualify to be in this study and your child’s participation would be valuable!

From this study, your child will:

1. Help other children who are socially anxious or selectively mute.
2. Earn a $10 gift card for participating.
3. Be eligible for treatment at no-cost.

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