



School Interventions with Selectively Mute Children

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www.selective-mutism.com

Use a cognitive behavioral approach.

Do not put the child 'on the spot'.

Work with a team: the treating clinician, parents, school administrator, classroom teacher, and KEY WORKER to have a united consistent approach.

Provide individual sessions using STIMULUS FADING & BEHAVIOR MODIFICATION.

Determine the SM STAGE and start from where the child is functioning.

Make it FUN and MOTIVATIONAL with diverse activities & materials.

Develop GOALS or a list of feared situations. Make the child an active partner to find success in responsibilities and achievement.

MOVE SLOWLY and slowly expand the group and speaking situations.

REWARD accomplished goals.

Communicate with all involved.